



Intervention program in nightlife,  
leisure and socialization venues to raise awareness  
and prevent GBV behaviours – including LGBTphobia –  
linked to sexual violence and substance use

# LOCAL PILOT ACTION PLAN



**Country:** Luxembourg

**Organization:** 4motion

**Realization of the Pilot:** from May 2024 to October 2024

**Professional figures involved:**

2 Practitioners

2 Event organizers

3 Teachers

**Number of interventions:** 5 workshops

**Number of participants trained:** 65  
youngsters and young adults

**Where the pilot was implemented:**

The workshop was offered in festival settings and  
highschools in Luxembourg

18/05/2024- Pic-nic Electronique Kirchberg

19/05/2024- Pic-nic Electronique Kirchberg

24/06/2024- Lycée Technique de Lallange

25/06/2024- Lycée Technique de Lallange

04/07/2024- Lycée Technique de Lallange

21/09/2024- Youth Festival OnStéitsch (not carried out)





Consent and Bystander Intervention Workshop in Festival Setting

## Description of the contexts and of the activities carried out.

The activities carried out during this pilot phase were rooted in the methodologies and tools developed through our previous projects, such as Pipapo, Sexpowerment, Sexism Free Nights, and Safer Sex.

These initiatives allowed us to design educational resources and group exercises to raise awareness around consent and active bystander intervention.

The primary objectives of the workshops were to:

- Raise awareness about gender-based violence (GBV).
- Facilitate the identification and expression of personal boundaries.
- Promote the practice of asking for and giving consent.
- Identify situations where boundaries are violated, particularly in cases of GBV.
- Teach strategies for intervening effectively as active bystanders when witnessing breaches of boundaries or acts of violence.



The workshops were implemented in two distinct contexts: festivals and high schools.

In festivals, we looked for events that offered various afternoon activities and other workshops, beside the nightly rave.

In high schools, we collaborated with a partner institution that regularly invites us to conduct interventions during their *Diversity Days*.

The workshops were focused on fostering dialogue around consent and the prevention of GBV, aligning with the school's efforts to promote inclusivity and respect.



*Analysing situations and familiarize with strategies to intervene as an active bystander*

## Description of strategies.

Our workshop follows a pedagogical approach based on seven key points:

1. **Building Foundations:** Icebreaker activity followed by a "safety charter" exercise, where participants define rules for their own comfort and the comfort of others (e.g., confidentiality, respecting speaking time).
2. **Personal Identity:** A set of exercises on interpersonal distance, helping participants to explore their personal comfort zone and individual limits.
3. **Awareness:** How is one's personal space related to wellbeing and feeling of safety. How does it feel like when someone's boundaries are not respected. Practice formulating request for consent and responding to them. Normalization of expressing and receiving a "no"
4. **Analyzing Issues:** Identifying and exploring how gender based violence is related to consent and boundaries, encouraging critical thinking.
5. **Confronting the issue:** Identify situation where one witness breach of boundaries, non respect of consent and related gender-based violence in nightlife settings.
6. **Social Actions:** Familiarisation with behaviour to actively respond in situations while staying safe. Strategies of the Active bystander intervention were analysed and put to practice.
7. **Evaluation and Closure:** The final part of the workshop is a reflection session where participants can share their experiences, express any concerns or insights, and ask questions. This creates an opportunity for personal reflection and clarification, ensuring participants leave with a better understanding of consent and bystander responsibilities. We provided our contact information to ensure participants could reach out to us privately after the workshop if the session brought up any issues they felt the need to discuss further

The workshops offered in nightlife settings were promoted via our Instagram page and shared by event organizers through their networks. At the day of the event, posters were hung at the festival site and people could register at our pipapo info stand

Regarding the workshop held in highschools, we send a description of the workshop, objectives, methods and age requirements to the school. Interested teachers were able to reach out for us and register for a training.



Exploring one's comfort zone and expressing interpersonal limits

## Impact and description of target audience.

The participants in our workshops were youngsters and young adults. To conduct session in schools, we requested classes with students aged 16 and above, as this age group is typically old enough to attend parties.

They were exposed to situations or incidents related to sexism, discrimination, GBV and homophobia. Raising awareness about gender-based violence, consent and how to act as active bystanders had a positive impact. Several participants expressed relief upon the normalization of saying and hearing “no” without the fear of offending or being offended.

## Results.

The feedback from participants was generally very positive, especially regarding the opportunity for open discussions. They valued having a dedicated space to talk about consent, share personal experiences for analysis and reflection, and exchange opinions and strategies. Participants also appreciated learning about the 5Ds strategies (Direct, Delay, Distract, Document, Delegate) for acting as active bystanders.

Additionally, we received highly positive feedback from teachers during a debriefing session, particularly on the importance of the topic and the methodology employed.

However, upon reflection, we concluded that festival settings may not be the most suitable context for workshops on consent and gender-based violence. The topic may evoke past traumatic experiences for some participants, which can be challenging to address or support adequately in these environments.

We will continue offering these workshops in schools and youth centers in Luxembourg as an initial step toward raising awareness about gender-based violence. At the same time, we recognize the need to conceptualize additional workshops that delve deeper into the issue.

## How many professionals trained?

The workshop was conducted as a best practice exchange activity to 8 partners during their field visit in Luxembourg. Three teachers were also willing to participate in our workshop carried out at the highschool.

65 youngsters and young adults participated in our workshop

## How many people we reached?

The workshop flyer posted on Instagram received 484 views and 41 likes. Additionally, the same flyer posted on the Onstéitsch page also garnered 41 likes. Visitors to our information at the Onstéitsch Festival stand were informed about CrissCross actions, including the workshop and its themes, by our peers. Based on the recorded interactions and visits, we counted 36 visitors at the stand. The workshop was also announced from the stage to all attendees, reaching approximately 300 people.

At the PicNic Electronic festival, we engaged with 85 people at the stand.



Pipapo info Stand at PicNic Electronic with Workshop poster



**WORKSHOP**

**CONSENT IN NIGHT LIFE**

KNOW YOUR LIMITS  
RESPECT OTHER LIMITS  
LET'S MAKE THE NIGHT OURS

21.09.24  
15h00 to 16h00

ON STÉITSCH - ROTONDES

More info + inscription  
@stand Pipapo

criss cross

SAFER night



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